



## Coach Professional Development – Explanation and Procedures for Training Approval – ACA-CSC

Alpine Canada Alpin - Canadian Ski Coaches (ACA-CSC), in partnership with the National Coaching Certification Program (NCCP), oversees the development and delivery of educational resources for Canadian ski coaches. This Program also ensures that individuals can enter and progress along the ski coaching pathway.

We know you work hard as a coach to create a safe, supportive, performance-driven environment for your athletes. In other words, you have their back so they can focus on doing their job. The ACA-CSC program is designed to serve that same role for coaches. As the skills required by athletes to win at each successive level increase, so too do the supporting tools require by coaches. By following the standards outlined by ACA-CSC, you'll have peace of mind knowing that you're well equipped to help athletes reach their athletic potential while at the same time minimizing your personal risk.

### Coach Licensing

Alpine Canada and the ACA-CSC require coaches who are actively coaching in the current season to complete annual professional development to maintain the required annual "licensed" status. Best practice: Coaches should be licensed before working with athletes. Coaches must renew their license every year.

### The purpose of the program

- To promote continuous improvement and life-long learning for coaches
- To help reduce the risk of accidents
- To promote coaching excellence at every level in the Canadian development system
- To help professionalize ski coaching





## Professional Development

A listing of professional development opportunities available to coaches and coach developers has been listed in the tables below. While the list contains over 175 different professional development opportunities, **every club and/or region offers professional development opportunities at the beginning of the season and/or throughout the season.**

### Professional Development Activities Organized by ACA-CSC Partner Organizations – Training Approval Procedure

Professional development activities may be organized by clubs, regions, Provincial and Territorial Sport Organizations (PTSO), CSIA, as ACA-CSC partners within the ski community. ACA-CSC provides an online management tool that allows professional development credits to be assigned to each coach's record. Depending on the content and duration of the activity, ACA-CSC awards Education (ED) and/or Risk Management (RM) credits to professional development activities that are submitted and pre-approved by the PTSO.

- The training organizer must **complete this form** and send it to their PTSO (Provincial/Territorial Sport Organization) at least two weeks prior to the event.
- **The PTSO representative is responsible for** approving or rejecting the training, creating the event in SnowReg, sharing the registration link, and assigning the appropriate number of credits.
- **It is the responsibility of the training organizer to** share the SnowReg registration link with participants, validate registrations before the event, and manage the professional development activity.
- **After the event**, the training organizer must confirm attendance and enter it into SnowReg. Then, they must submit the event for closure within 48 hours so participants can receive their training credits.
- **Only completed workshops and evaluations are eligible for Education and Risk Management credits for coaches.**

### Eligibility Criteria for Regional Training

- The training must be delivered by **someone external to the club.**
- The training must be a structured **education content** (not a coordination or planning meeting).





- It is strongly recommended that the PD content is related to the coach development pathway.
- The training must last at least 3 hours.
- The training must have defined learning objectives.
- An attendance list or certificate must be provided.
- A short evaluation or reflective feedback may be requested from participants.

### **Examples of Eligible Training Activities**

- CPR (Cardiopulmonary Resuscitation) Training
- Stop the Bleed Training
- STRIVE App Training
- Workshop on communication management with parents, athletes, and club coaches
- Level 2 Officials Training
- Training delivered by a Mentor Coach Developer (MCD), Recognized Presenter (RP), or a mentor accredited by the PTSO (Provincial/Territorial Sport Organization) or the NCCP (National Coaching Certification Program)


### **Professional Development Hosted by Outside Agencies**

Coaches must send ACA-CSC proof of attendance and completion of the event for credits purposes. The event must be relevant ski coaching professional development. ACA-CSC will determine whether the activity qualifies for licensing credit and assigns activities appropriate credits. To inquire or send ACA-CSC proof of outside agency professional development please send an email to [coach@alpinecanada.org](mailto:coach@alpinecanada.org).





## Facilitated Professional Development

 Course Name   Nom du cours	Participant education credits   Crédits d'études des participants	Participant Risk Management Credits   Crédits de gestion des risques des participants	Coach Developer Education Credits   Crédits de formation développeur-entraîneur	Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur
NCCP MED Sport Specific Integrated Module   PNCE PDE Module Intégré	4	1	4	1
Entry Level Theory   Niveau Introduction Théorie	2	1	2	1
Entry Level E-Learning Theory   Niveau Introduction Education en ligne	2	1	2	1
Entry Level On Snow - Ski Evaluation   Niveau Introduction Sur Neige - Evaluation Ski	2	1	2	1
Entry Level On Snow - Coaching Evaluation   Niveau Introduction Sur Neige - Evaluation Coach	2	1	2	1
Entry Level Retest - Ski Evaluation   Niveau Intro Reprise - Ski	2	1	2	1
Entry Level Retest - Coaching Evaluation   Niveau Intro Reprise - Coaching	2	1	2	1
Development Level Theory   Niveau Développement - Théorie	2	1	2	1
Development Level E-Learning Theory   Niveau Développement Education Atelier en ligne	2	1	2	1
Development Level On Snow - Ski Evaluation   Niveau Développement Sur Neige - Evaluation en Ski	2	1	2	1
Development Level On Snow - Coaching Evaluation   Niveau Développement Sur Neige - Evaluation Coach	2	1	2	1
Development Level Retest - Ski Evaluation   Niveau Développement Reprise - Ski	2	1	2	1
Development Level Retest - Coaching Evaluation   Niveau Développement Reprise - Coaching	2	1	2	1
Performance Level Foundations   Niveau Performance Fondations	4	1	4	1
Performance Level Foundations Home Study   Niveau Performance Fondations Études à domicile	4	1	4	1
Performance Level Foundations E-Learning   Niveau Performance Fondations Atelier en ligne	4	1	4	1
Performance Level On Snow Module   Niveau Performance sur Neige	4	1	4	1
Ski Cross Intro to Coaching On-Snow Module   Module Entraînement et sécurité en Ski Cross	4	1	4	1
Speed Camp Option   Camp de Vitesse	4	1	4	1
Entry Level - Facilitator Training   Formation des PR du niveau introduction	2	1	2	1
Development Level - Facilitator Training   Formation des PR du niveau développement	2	1	2	1
Performance Level On Snow - Facilitator Training   Formation des PR du niveau performance	2	1	2	1
Evaluator Training - Entry Level   Formation des évaluateurs - Niveau Intro	2	1	2	1
Para On Snow   Module Para sur neige	4	1	4	1
Evaluator Training - Development Level   Formation des évaluateurs - Niveau Développement	2	1	2	1
Evaluator Training - Performance Level   Formation des évaluateurs - Niveau Performance	2	1	2	1
Performance Level Foundations Module - Facilitator Training   Formation des facilitateurs - Niveau Performance Fondations	2	1	2	1
Entry Level - Master Facilitator Training   Formation des FRDE - PR du niveau introduction	4	1	4	1
Development Level - Master Facilitator Training   Formation des FRDE - PR du niveau développement	4	1	4	1
Performance Level - Master Facilitator Training   Formation des FRDE - PR du niveau performance	4	1	4	1
Master Evaluator Training - Entry Level   Formation des FRDE - EE du niveau introduction	4	1	4	1
Master Evaluator Training - Development Level   Formation des FRDE - EE du niveau développement	4	1	4	1
Master Evaluator Training - Performance Level   Formation des FRDE - EE du niveau performance	4	1	4	1
Entry Level Environment Setting - LF Training   Formation PR traçage d'éducatifs et de situations de niveau introduction	2	1	2	1
Speed Camp - Facilitator Training   Formation des PR pour Camp de Vitesse	2	1	2	1
Speed Camp - MCD Training   Formation des FRDE pour Camp de Vitesse	2	1	2	1
Entry Level Environment Setting - MCD Training   Formation FRDE traçage d'éducatifs et de situations de niveau introduction	2	1	2	1





## Evaluation Professional Development

Course Name   Nom du cours	Participant education credits   Crédits d'études des participants	Participant Risk Management Credits   Crédits de gestion des risques des participants	Coach Developer Education Credits   Crédits de formation développeur-entraîneur	Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur
Entry Level Practical Coaching Mentor Program - Part A   Programme de mentorat - pratique d'entraînement de niveau introduction - Partie A	4	1	4	1
Entry Level Practical Coaching Mentor Program - Part B   Programme de mentorat - pratique d'entraînement de niveau introduction - Partie B	4	1	4	1
Development Level Coaching evaluation - during training   Évaluation de l'entraînement de niveau développement - pendant un entraînement	4	1	4	1
Development Level Coaching evaluation - at a race   Évaluation de l'entraînement de niveau développement - pendant une compétition	4	1	4	1
Performance Level Coaching Evaluation - during training   Évaluation de l'entraînement de niveau performance - pendant un entraînement	4	1	4	1
Performance Level Coaching Evaluation - at a race   Évaluation de l'entraînement de niveau performance - pendant une compétition	4	1	4	1
Performance Level Performance Planning Evaluation   Évaluation de la planification de la performance de niveau performance	4	1	4	1
Performance Level Managing a Program Evaluation   Évaluation de la gestion d'un programme de niveau performance	4	1	4	1
Entry Level Para Practical Coaching Mentor Program   Programme de mentorat - pratique d'entraînement de niveau introduction para-alpin	4	1	4	1
Development Level Para Coaching evaluation - during training   Programme de mentorat - pratique d'entraînement de niveau développement para-alpin	4	1	4	1
Design a Ski Racing Program Evaluation   Évaluation de l'entraînement de niveau performance - pendant une compétition	4	1	4	1
High Performance Level Coaching Evaluation   Évaluation de l'entraînement de niveau haute performance	2	1	2	1
Learning Facilitator Evaluation   Évaluation de Personnes Ressources	2	1	2	1
Coach Evaluator Evaluation   Évaluation d'évaluateur	4	1	4	1
Master Coach Developer Evaluation   Évaluation FRDE	4	1	4	1

## eLearning Professional Development

Course Name   Nom du cours	Participant education credits   Crédits d'études des participants	Participant Risk Management Credits   Crédits de gestion des risques des participants	Coach Developer Education Credits   Crédits de formation développeur-entraîneur	Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur
Basic Speed Concepts On-Line Module   Module en ligne Fondements de l'entraînement de vitesse	2	1	n/a	n/a
Rules and Regulations for Coaches On-Line Module   Module en ligne Règles et règlements pour les entraîneurs	2	1	n/a	n/a
Physical Conditioning Concepts On-Line Module   Module en ligne Notions du conditionnement physique	2	1	n/a	n/a
Ski Cross Coaching and Safety On-Line Module   Module en ligne Entraînement et sécurité en ski cross	2	1	n/a	n/a
Risk Management On-Line Module   Module en ligne Gestion des risques	2	1	n/a	n/a
Entry Level Course Setting On-Line Module   Atelier en ligne - Tracage Niveau Intro	1	1	n/a	n/a
Entry Level Eprep On-Line Module   Atelier en ligne préparation Niveau Intro	2	1	n/a	n/a
E-Learning Para Module   Atelier en ligne Para	2	1	n/a	n/a
Concussion awareness training for alpine ski racing   Atelier en ligne - Sensibilisation des commotions en ski alpin	2	1	n/a	n/a
Learning Facilitator Pathways Review   Cheminements pour Personne Ressources	4	1	n/a	n/a
Canadian Women & Sport - Gender Equity LENS   Femmes et sport au Canada - MÉMO de l'équité des genres	2	1	n/a	n/a
Respect in Sport - Keeping Girls in Sport   Programme Respect et sport - Gardons les filles en sport	2	1	n/a	n/a
Respect in Sport for Activity Leaders   Programme Respect et sport pour leaders d'activité	4	1	n/a	n/a
Respect in the workplace   Respect au Travail	4	1	n/a	n/a

## NCCP Professional Development







 Course Name   Nom du cours 	Participant education credits   Crédits d'études des participants	Participant Risk Management Credits   Crédits de gestion des risques des participants	Coach Developer Education Credits   Crédits de formation développeur-entraîneur	Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur
NCCP Make Ethical Decisions On-Line Evaluation   Évaluation en ligne pour Prise de décisions éthiques (PDE)	2	1	n/a	n/a
NCCP Developing Athletic Abilities   Développement des qualités athlétiques	3	1	3	1
NCCP Leading Drug-Free Sport   Diriger un sport sans dopage	3	1	3	1
NCCP Psychology of Performance   Psychologie de la performance	3	1	3	1
NCCP Managing Conflict   Gestion des conflits	2	1	2	1
NCCP Coaching and Leading Effectively   Efficacité en entraînement et en leadership	4	1	4	1
NCCP Prevention and Recovery   Prévention et récupération	3	1	3	1
NCCP Leading Drug-free Sport On-line Evaluation   Évaluation en ligne pour Diriger un sport sans dopage	2	1	n/a	n/a
NCCP Managing Conflict On-line Evaluation   Évaluation en ligne pour Gestion des conflits	2	1	n/a	n/a
NCCP Basic Mental Skills   Habiletés mentales de base	1	1	1	1
NCCP Design a Basic Sport Program   Élaboration d'un programme sportif de base	2	1	2	1
NCCP Sport Nutrition   Nutrition sportive	1	1	n/a	n/a
NCCP Make Ethical Decisions   Prise de décisions éthiques	2	1	2	1
NCCP Planning a Practice   Planification d'une séance d'entraînement	1	1	1	1
NCCP Teaching and Learning   Enseignement et apprentissage	2	1	2	1
NCCP Fundamental Movement Skills   Habiletés liées aux fondements du mouvement	2	1	2	1
NCCP Mentorship   Mentorat	4	1	4	1
NCCP Making Head Way in Sport   Prendre une tête d'avance	1	1	n/a	n/a
NCCP Safe Sport Training   Formation sur la sécurité dans le sport	2	1	n/a	n/a
NCCP Coaching Initiation in Sport   Initiation à l'entraînement sportif	1	1	1	1
NCCP Core Evaluator Training   Formation de base à l'intention des évaluateur d'entraîneurs	4	1	4	1
NCCP Core Learning Facilitator Training   Formation de base des PR	4	1	4	1
NCCP Core Master Coach Developer Training   Formation de base pour les FRDE	4	1	4	1
NCCP Emergency Action Planning   Plan d'action d'urgence du PNCE	1	1	1	1
NCCP Aboriginal Coaching Module 1: Holistic Approach to Training   MEAA Module 1: Une approche holistique à l'entraînement	2	1	2	1
NCCP Aboriginal Coaching Module 2: Dealing with Racism in Sport   MEAA Module 2 : Réagir face au racisme dans les sports	2	1	2	1
NCCP Aboriginal Coaching Module 3: Individual and Community Health and Wellness   MEAA Module 3 : Santé et bien-être	2	1	2	1
NCCP Advanced Practice Planning   Planification avancée d'une séance d'entraînement	2	1	2	1
NCCP Coaching Athletes with a Disability   Entraîner des athlètes ayant un handicap	2	1	2	1
NCCP Empower+   Mieux agir	2	1	2	1
NCCP Manage a Sport Program   Gestion d'un programme sportif	2	1	2	1
NCCP Performance Planning   Planification de la performance	4	1	4	1
NCCP Resistance Training   Entraînement contre résistance	2	1	2	1
NCCP Coaching in Secondary Schools   Entraînement dans les écoles secondaires	2	1	2	1







## General Professional Development (Outside Agencies)

  <b>Course Name   Nom du cours</b>	<b>Participant education credits   Crédits d'études des participants</b>	<b>Participant Risk Management Credits   Crédits de gestion des risques des participants</b>	<b>Coach Developer Education Credits   Crédits de formation développeur-entraîneur</b>	<b>Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur</b>
ACA Coach Webinar   Webinaire ACA-Entraîneur	2	1	2	1
Level 2 Official Course   Stage d'officiels Niveau 2	4	1	4	1
Freestyle Club Coach Course   Stage d'entraîneur de ski acrobatique	4	1	4	1
High Performance Level Interface   Interface de niveau haute performance	4	1	4	1
Club Coaching Seminar   Séminaire de formation des entraîneurs par le club	2	1	2	1
PTSD Coaching Summit   Séminaire de formation des entraîneurs par l'OPPS ou région	4	1	4	1
Ski Improvement Session   Séance d'amélioration du ski	1	1	1	1
Personal Professional Development   Développement professionnel personnel	2	1	2	1
OPR Course   Cours de ROR	4	1	4	1
First Aid Course   Cours de premiers soins	2	1	2	1
Entry Level Environment Setting Workshop   Séminaire de traçage d'éducatifs et de situations de niveau introduction	2	1	2	1
Training Camp   camp d'entraînement	2	1	2	1
ACA Coaching Summit   Sommet des entraîneurs d'ACA	4	1	4	1
IS Technical Delegate Training   Formation des délégués techniques FIS	4	1	4	1
National Technical Delegate Training   Formation des délégués techniques nationaux	2	1	2	1
Race Organizing Committee Participation   Participation à un comité de course	4	1	4	1
Level 1 Officials course   Stage d'officiels niveau 1	2	1	2	1
Level 3 Officials course   Stage d'officiels niveau 3	4	1	4	1
iPrep Job Training On-line Module   iPrep Job Training On-line Module	2	1	2	1
Coach Leader PD   DP entraîneurs chef	4	1	4	1
Coach PD   DP entraîneurs	4	1	4	1
High Performance Coaching Seminar   Séminaire pour les entraîneurs haute performance	4	1	4	1
Stop the Bleed *   Stop the Bleed *	4	1	4	1
OTP Coach Enhancement Project   Programme d'amélioration des entraîneurs	2	1	2	1
CDC Olympic Lab   Lab Olympique CDC	2	1	2	1
Ski Cross PD   DP en ski cross	2	1	2	1
Avalanche Training   Séminaire d'éducation pour Avalanche	4	1	4	1





## CSIA Professional Development

  <b>Course Name   Nom du cours</b>	<b>Participant education credits   Crédits d'études des participants</b>	<b>Participant Risk Management Credits   Crédits de gestion des risques des participants</b>	<b>Coach Developer Education Credits   Crédits de formation développeur- entraîneur</b>	<b>Coach Developer Risk Management Credits   Crédits de gestion des risques du développeur-entraîneur</b>
Level 1 Certification   Level 1 Certification	4	1	4	1
Level 1 Apprentice Development   Level 1 Apprentice Development	2	1	2	1
Level 1 Apprentice Exam   Level 1 Apprentice Exam	2	1	2	1
Level 2 Skier Development   Level 2 Skier Development	2	1	2	1
Level 2 Teacher Development   Level 2 Teacher Development	2	1	2	1
Level 2 Exam   Level 2 Exam	4	1	4	1
Level 2 Ski Exam   Level 2 Ski Exam	4	1	4	1
Level 2 Teach Exam   Level 2 Teach Exam	4	1	4	1
Level 3 Skier Development   Level 3 Skier Development	2	1	2	1
Level 3 Teacher Development   Level 3 Teacher Development	2	1	2	1
Level 3 Exam   Level 3 Exam	4	1	4	1
Level 3 Ski Exam   Level 3 Ski Exam	4	1	4	1
Level 3 Teach Exam   Level 3 Teach Exam	4	1	4	1
Trainer Development   Trainer Development	2	1	2	1
Trainer Exam   Trainer Exam	4	1	4	1
Level 4 Academy Selection Camp   Level 4 Academy Selection Camp	4	1	4	1
Level 4 Academy - Camp 1   Level 4 Academy - Camp 1	4	1	4	1
Level 4 Academy - Camp 2   Level 4 Academy - Camp 2	4	1	4	1
Level 4 Academy - Camp 3   Level 4 Academy - Camp 3	4	1	4	1
Snow Park Certification   Snow Park Certification	2	1	2	1
Pro Day Level 1   Pro Day Level 1	2	1	2	1
Pro Day Level 2   Pro Day Level 2	2	1	2	1
Pro Day Level 3   Pro Day Level 3	2	1	2	1
Pro Day Level 4   Pro Day Level 4	2	1	2	1
Pro Day Trainer   Pro Day Trainer	2	1	2	1
Pro Day Snow School Custom   Pro Day Snow School Custom	2	1	2	1
Pro Day Snow Park Intro   Pro Day Snow Park Intro	2	1	2	1
Pro Day Teaching Children   Pro Day Teaching Children	2	1	2	1
Pro Day Biological and Psychological Considerations   Pro Day Biological and Psychological Considerations	2	1	2	1
Pro Day Women In Skiing   Pro Day Women In Skiing	2	1	2	1





## Request for Approval of Coach PD Training

Name	
Organization (club, region)	
Email	
Telephone	
Training Date	
Location	

Presentation			Speaker	
Name	Key Topics	Duration*	Name	Qualifications

\*minimum: 3 hours total

**Please return this completed form to your PTSO for approval.**

<b>OFFICE USE ONLY</b>				
	<input type="checkbox"/> Approved <input type="checkbox"/> Not Approved	# PD Credits		# RM Credits
Name				
Date				
Notes				





### Clarification of PTSO and ACA-CSC Roles

For training sessions organized by clubs, regions, or PTSOs, approval must be obtained from the respective PTSO. For training completed by coaches through external organizations (e.g., universities, CPR courses, etc.), credit validation is handled by ACA-CSC via [coach@alpinecanada.org](mailto:coach@alpinecanada.org).

### Simplified Submission Process for Training Plans

Clubs must submit a brief outline of their training activity to the PTSO at least two weeks prior to the event, using the form provided on the last page. Once approved, the PTSO creates the event in SnowReg and shares the registration link. The plan does not need to be detailed — a general description, learning objectives, duration, and name of the presenter are sufficient.

### Document Upload Directive

Once the event is approved and created, the PTSO must upload the approved form to ACA-CSC's SharePoint folder for annual tracking and archiving.

### Clarification on Eligible Training Activities

**Note:** Internal planning or coordination meetings are not eligible as professional development activities. Training must be structured, with clear educational objectives and led by an external presenter.

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